

ANCHOR NOTE EXERCISE

The image displays a handwritten musical score for an exercise titled "Anchor Note Exercise". The score is written on eight staves, alternating between treble and bass clefs. Each staff contains a sequence of notes, primarily eighth and sixteenth notes, often grouped with slurs. The notes are organized into measures, with bar lines indicating the end of each measure. The exercise involves moving up and down the scale while maintaining a consistent anchor note at the end of each phrase. The key signature is one flat (B-flat), and the time signature is 2/4. The notes are written in black ink on a white background.

listen that you are returning to same opening pitch
listen that the lowest + highest notes are five octaves
(shoot for high side of lower + lower side of upper notes)

Anchor Note/Interval Exercises

Exercise #1

Exercise #1 consists of three staves of music. The first staff starts with a treble clef and a common time signature. It features a sequence of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. The second staff continues with eighth notes: C4, B3, A3, G3, F3, E3, D3, C3, B2, A2, G2, F2, E2, D2, C2. The third staff continues with eighth notes: C2, B1, A1, G1, F1, E1, D1, C1, B0, A0, G0, F0, E0, D0, C0.

Exercise #2

Exercise #2 consists of three staves of music. The first staff starts with a treble clef and a common time signature. It features a sequence of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. The second staff continues with eighth notes: C4, B3, A3, G3, F3, E3, D3, C3, B2, A2, G2, F2, E2, D2, C2. The third staff continues with eighth notes: C2, B1, A1, G1, F1, E1, D1, C1, B0, A0, G0, F0, E0, D0, C0.

Exercise #3

Exercise #3 consists of five staves of music. The first staff starts with a treble clef and a common time signature. It features a sequence of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. The second staff continues with eighth notes: C4, B3, A3, G3, F3, E3, D3, C3, B2, A2, G2, F2, E2, D2, C2. The third staff continues with eighth notes: C2, B1, A1, G1, F1, E1, D1, C1, B0, A0, G0, F0, E0, D0, C0. The fourth staff continues with eighth notes: C0, B0, A0, G0, F0, E0, D0, C0, B0, A0, G0, F0, E0, D0, C0. The fifth staff continues with eighth notes: C0, B0, A0, G0, F0, E0, D0, C0, B0, A0, G0, F0, E0, D0, C0.

Range, Fingering & Articulation Exercises

*For the exercises in this section use normal fingerings, but vary your articulation. You might practice each exercise using tongue for every note, then slurring every note, then using slur-2/tongue-2 as written, and then tongue-2/slur-2 or any other combinations you can think of. Exercises are in ascending pitch order to gradually stretch your range

Exercise #1

The image displays nine staves of musical notation for Exercise #1. Each staff begins with a treble clef and a common time signature (C). The exercises are arranged in ascending order of pitch. The keys and starting measures are as follows:

- Staff 1: Key of G major (one sharp), starting at measure 1.
- Staff 2: Key of B-flat major (two flats), starting at measure 6.
- Staff 3: Key of D major (two sharps), starting at measure 11.
- Staff 4: Key of B-flat major (two flats), starting at measure 16.
- Staff 5: Key of F major (one flat), starting at measure 21.
- Staff 6: Key of D major (two sharps), starting at measure 26.
- Staff 7: Key of B-flat major (two flats), starting at measure 31.
- Staff 8: Key of G major (one sharp), starting at measure 36.
- Staff 9: Key of B-flat major (two flats), starting at measure 41.

The notation consists of eighth-note runs, often grouped with slurs and breath marks (indicated by a small circle above the notes). Each exercise concludes with a whole note on the final line of the staff.

46

Musical staff 46: Treble clef, key signature of three sharps (F#, C#, G#), starting with a quarter rest followed by a series of eighth notes.

51

Musical staff 51: Treble clef, key signature of one flat (Bb), starting with a quarter rest followed by a series of eighth notes.

56

Musical staff 56: Treble clef, key signature of three sharps (F#, C#, G#), starting with a quarter rest followed by a series of eighth notes.

61

Musical staff 61: Treble clef, key signature of one sharp (F#), starting with a quarter rest followed by a series of eighth notes.

66

Musical staff 66: Treble clef, key signature of two flats (Bb, Eb), starting with a quarter rest followed by a series of eighth notes.

71

Musical staff 71: Treble clef, key signature of three sharps (F#, C#, G#), starting with a quarter rest followed by a series of eighth notes.

76

Musical staff 76: Treble clef, key signature of one flat (Bb), starting with a quarter rest followed by a series of eighth notes.

81

Musical staff 81: Treble clef, key signature of three sharps (F#, C#, G#), starting with a quarter rest followed by a series of eighth notes.

86

Musical staff 86: Treble clef, no key signature (C major), starting with a quarter rest followed by a series of eighth notes.

91

Musical staff 91: Treble clef, key signature of two flats (Bb, Eb), starting with a quarter rest followed by a series of eighth notes.

96

Musical staff 96: Treble clef, key signature of one sharp (F#), starting with a quarter rest followed by a series of eighth notes.

Exercise #2 (5-Note Scales Ascending)

101



104



107



110



113



116



119



122



125



128

131

134

137

140

143

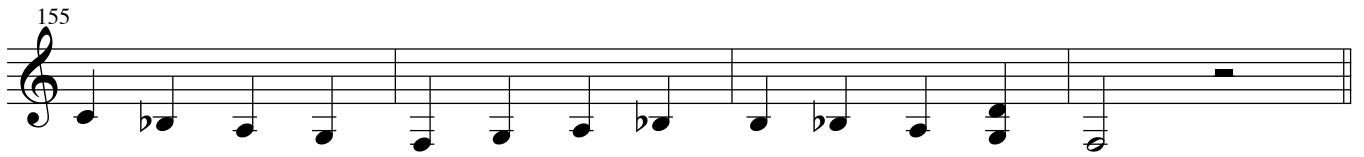
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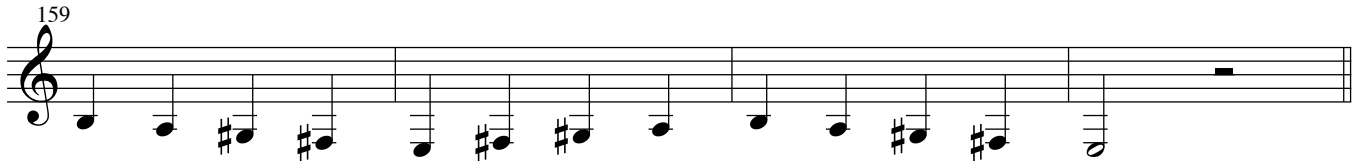
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Exercise #3 (5-note scale descending)

155



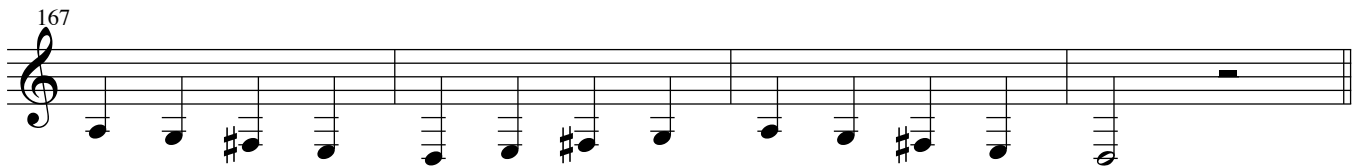
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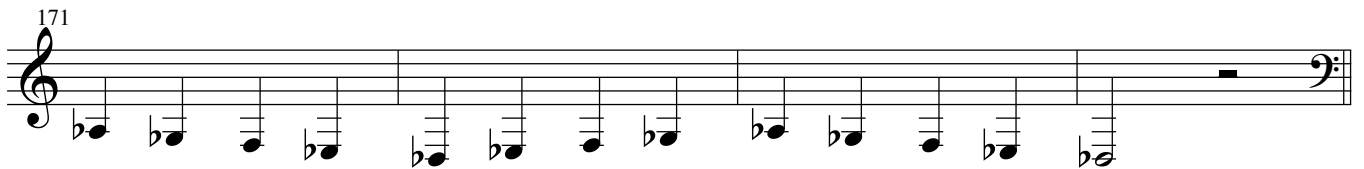
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167



171



175



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183



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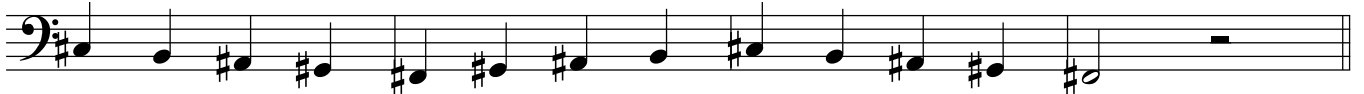
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195



199



203

